

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	43	Laetitia Bury	Poseidon Worms	TW20	1	0:15:50 (1)	0:34	1:06:54 (1)	0:39	0:44:15 (2)	2:07:36 *
2	18	Cornelia Schmitt	LC 80 Bad Kreuznach, Team sportELSCH	TW35	1	0:19:12 (5)	1:20	1:07:36 (2)	1:12	0:43:58 (1)	2:13:17
3	114	Dorothee Richters	ALV Mainz	TW35	2	0:19:19 (7)	1:21	1:11:53 (4)	0:41	0:47:41 (3)	2:20:55
4	91	Mareike Kessler	Triathlon Team DSW Darmstadt	TW40	1	0:17:45 (3)	0:44	1:13:36 (5)	0:51	0:51:18 (6)	2:24:15
5	104	Veronika Hehl	SC Wiesbaden Triathlon	TW45	1	0:22:07 (12)	1:14	1:10:32 (3)	1:00	0:49:44 (5)	2:24:38
6	85	Julia Lehr		TW40	2	0:19:15 (6)	1:30	1:20:11 (9)	1:10	0:48:02 (4)	2:29:25 *
7	94	Gerlach Michelle	FC St. Pauli Triathlon	TW30	1	0:18:22 (4)	1:47	1:15:57 (6)	1:35	0:51:52 (8)	2:29:33
8	73	Marlene Will	LC Bingen	TW30	2	0:16:45 (2)	1:37	1:16:37 (8)	1:07	0:53:31 (9)	2:29:35
9	66	Nadine Schaper	TCEC Mainz	TW45	2	0:20:27 (8)	1:02	1:16:02 (7)	0:58	1:00:05 (12)	2:38:34
10	28	Damaris Jung		TW20	2	0:23:23 (14)	2:14	1:21:43 (11)	0:57	0:51:35 (7)	2:39:52
11	60	Sigrun Laumann	Worms	TW55	1	0:21:56 (11)	1:28	1:20:54 (10)	1:10	0:56:18 (10)	2:41:37 *
12	59	Ursula Oswald-Eckenfels	LLG Wonnegau/Poseidon Worms	TW55	2	0:21:44 (9)	1:12	1:28:03 (15)	1:04	1:03:37 (13)	2:55:40
13	89	Birgit Hebermehl		TW60	1	0:23:43 (15)	4:25	1:26:49 (14)	2:11	0:59:42 (11)	2:56:39 *
14	13	Simone Bickel	Team Fliesen Neufeld	TW45	3	0:21:48 (10)	4:45	1:32:50 (16)	9:10	1:03:54 (14)	3:12:27

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1	93	Roos Patrick	FC St. Pauli Triathlon	TM45	1	0:15:38 (5)	0:32	1:00:44 (3)	0:39	0:36:11 (2)	1:53:44
2	25	Fabian Felix	SC Wiesbaden 1911	TM40	1	0:16:59 (13)	0:38	0:59:40 (1)	0:44	0:36:11 (1)	1:54:11
3	2	Lukas Laudert	LC Bingen Triathlon	TM30	1	0:16:09 (8)	0:32	1:02:49 (5)	1:27	0:38:15 (4)	1:59:11
4	67	Cédric Roussel	LLG Wonnegau	TM25	1	0:16:49 (12)	0:59	1:05:36 (15)	0:30	0:37:28 (3)	2:01:22
5	87	Dirk Löwer	Eintracht Frankfurt Triathlon	TM50	1	0:16:27 (11)	0:54	1:00:38 (2)	0:44	0:42:43 (14)	2:01:26
6	96	Alexander Rat	Rheingauer Schwimmclub 1970 e.V.	TM40	2	0:15:13 (4)	1:15	1:03:26 (7)	0:48	0:41:12 (8)	2:01:54
7	31	Sebastian Wintringer	BSG Biomed Homburg e.V.	TM30	2	0:18:06 (19)	1:26	1:02:04 (4)	1:09	0:39:46 (5)	2:02:32
8	108	Leonard Fritze	Trimagos e.V.	MJUN	1	0:14:52 (2)	0:52	1:04:08 (10)	0:34	0:42:26 (13)	2:02:51
9	20	Dirk Wartenberg	Triathlon-Team Rhein-Nahe	TM35	1	0:17:57 (17)	1:27	1:03:13 (6)	0:38	0:40:19 (6)	2:03:35
10	15	Jörg Urlbauer	WRAG Tria Team	TM50	2	0:17:55 (15)	1:10	()		0:41:50 (10)	2:06:19

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11	16	Benjamin Rayher	TriDucksDorsten	TM30	3	0:15:11 (3)	0:57	1:09:03 (24)	0:42	0:42:00 (11)	2:07:52
12	70	Yassin Hajjam	TCEC Mainz	TM20	1	0:18:01 (18)	0:33	1:04:56 (12)	0:56	0:44:11 (19)	2:08:38
13	112	Jochen Diederichs	ALV Mainz	TM50	3	0:19:20 (31)	1:18	1:03:29 (8)	0:40	0:43:51 (16)	2:08:38
14	117	Michael Blumbach	ALV Mainz	TM45	2	0:16:23 (10)	0:44	1:05:12 (13)	0:57	0:45:59 (24)	2:09:15
15	48	Joachim Weber		TM50	4	0:23:42 (71)	0:50	1:03:51 (9)	0:51	0:42:18 (12)	2:11:31
16	44	Jonas Reichel	Strahlemann	TM20	2	0:15:48 (6)	2:41	1:06:12 (16)	1:51	0:45:48 (22)	2:12:20
17	118	Rainer Schmidt	ALV Mainz	TM50	5	0:18:59 (28)	1:38	1:07:25 (20)	1:34	0:43:07 (15)	2:12:43
18	3	Torsten Ranly	LC Bingen	TM35	2	0:19:58 (37)	1:37	1:10:23 (30)	0:48	0:41:00 (7)	2:13:46
19	27	Felix Laudert		TM25	2	0:18:28 (23)	2:20	1:12:15 (38)	1:14	0:41:14 (9)	2:15:03 *
20	8	Frank Ellrich	VfL Fürfild	TM45	3	0:20:43 (44)	1:16	1:06:44 (17)	0:50	0:45:57 (23)	2:15:30
21	12	Ole Unger	LC Bingen	TM25	3	0:18:28 (22)	2:10	1:05:27 (14)	0:59	0:49:04 (44)	2:16:07
22	95	Jens Kluck	#werunwiesbaden / Maarau Parkrun	TM35	3	0:20:39 (42)	1:40	1:04:26 (11)	0:39	0:48:58 (42)	2:16:23
23	115	Alexander Hildebrand		TM40	3	0:17:04 (14)	1:36	1:07:18 (19)	1:09	0:49:30 (47)	2:16:36
24	11	Johannes Baab	Dannenfels	TM55	1	0:18:10 (21)	0:53	1:07:59 (22)	1:13	0:49:15 (45)	2:17:30
25	63	Torsten Renner		TM30	4	0:18:46 (26)	1:18	1:12:44 (43)	1:05	0:44:02 (18)	2:17:55
26	86	Daniel Pietrusky		TM35	4	0:18:09 (20)	1:14	1:09:59 (27)	1:50	0:48:08 (35)	2:19:19
27	10	Tim Schott	SG Bretzenheim	TM25	4	0:19:29 (33)	0:41	1:07:00 (18)	1:27	0:51:38 (54)	2:20:14
28	111	Alexander Klingler	ALV Mainz	TM50	6	0:21:41 (58)	1:27	1:08:00 (23)	1:10	0:48:52 (41)	2:21:10
29	57	Natalello Gianluca	VDES	TM30	5	0:23:30 (70)	0:48	1:09:06 (25)	1:48	0:47:04 (28)	2:22:18
30	82	Jens Rößner	power&peace	TM40	4	0:19:45 (35)	2:50	1:10:47 (32)	1:59	0:46:59 (27)	2:22:20
31	79	Peter Höpfner		TM50	7	0:15:51 (7)	2:21	1:16:13 (56)	1:41	0:46:22 (25)	2:22:28
32	22	Michael Mühlena	Gemüse auf Lauf	TM45	4	0:18:48 (27)	1:17	1:10:33 (31)	0:22	0:51:29 (53)	2:22:28
33	92	Klaus Müller	FC St. Pauli Triathlon	TM60	1	0:19:59 (38)	1:39	1:10:03 (28)	1:09	0:50:26 (48)	2:22:34 *
34	24	Torsten Lang		TM50	8	0:21:26 (51)	1:40	1:13:23 (48)	0:43	0:46:29 (26)	2:23:41
35	74	Chris Püst	Sportschule Jüngling	TM55	2	0:19:45 (34)	0:37	1:07:31 (21)	1:39	0:54:10 (60)	2:23:41
36	34	Matthias Zimmermann		TM35	5	0:21:19 (48)	1:22	1:12:38 (42)	1:03	0:47:30 (30)	2:23:52
37	40	Wolfgang Glatter	LANDAU RUNNING COMPANY	TM45	5	0:21:29 (53)	2:24	1:14:44 (53)	1:33	0:43:57 (17)	2:24:07
38	64	Sebastian Grüner	Kiezbaum	TM40	5	0:20:12 (39)	3:19	1:11:55 (36)	1:14	0:47:52 (32)	2:24:31
39	41	Andre Birrenbach	TCEC Mainz	TM55	3	0:19:16 (30)	1:27	1:14:04 (50)	1:33	0:48:14 (36)	2:24:34

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40	113	Leonhard Buchetmann	ALV Mainz	TM35	6	0:21:42 (59)	1:53	1:12:18 (40)	0:55	0:48:49 (40)	2:25:37
41	84	Tim Pötter	Team ROSBACHER	TM35	7	0:20:40 (43)	1:45	1:13:07 (44)	1:05	0:49:03 (43)	2:25:41
42	54	Martin Dägele	DLRG Schifferstadt	TM55	4	0:18:29 (24)	1:23	1:10:09 (29)	0:53	0:55:10 (64)	2:26:03
43	47	Jochen Schwartner	Poseidon Worms	TM50	9	0:19:10 (29)	1:20	1:12:17 (39)	1:00	0:52:23 (56)	2:26:09
44	98	Frank Huy	TuS Dannenfels	TM50	10	0:24:39 (77)	0:46	1:09:29 (26)	0:56	0:50:32 (49)	2:26:22
45	62	Thomas Jung	Fitnessstudio "Fit for Life" Kaiserslautern	TM45	6	0:20:47 (46)	1:32	1:15:04 (54)	0:46	0:48:38 (38)	2:26:47
46	109	Rok Stropnik		TM25	5	0:22:20 (63)	2:44	1:11:01 (34)	1:23	0:49:23 (46)	2:26:51
47	36	Martin Rosenbecker		TM55	5	0:21:34 (54)	1:10	1:15:08 (55)	1:05	0:48:03 (34)	2:27:00
48	71	Alexander Stocker		TM50	11	0:22:48 (64)	1:21	1:11:00 (33)	1:02	0:51:18 (52)	2:27:29
49	4	Florian Erbacher		TM40	6	0:21:28 (52)	3:29	1:12:15 (37)	1:46	0:48:45 (39)	2:27:43
50	37	Maurice Josten	Tiffe-SportFM	TM20	3	0:24:53 (78)	1:24	1:13:40 (49)	1:18	0:47:16 (29)	2:27:56 *
51	35	Nils Jung	Tri-Sport Saar-Hochwald	TM20	4	0:14:18 (1)	0:42	1:17:41 (68)	0:36	0:55:08 (63)	2:28:25
52	97	Tobias Krick	ALV Mainz	TM35	8	0:20:47 (45)	2:00	1:13:14 (46)	1:34	0:51:11 (51)	2:28:45
53	21	Matthias Ernst	1. FC Kaiserslautern	TM55	6	0:20:48 (47)	2:30	1:19:01 (72)	1:18	0:45:38 (21)	2:29:13
54	33	Carsten Heil	LG Ohmbachsee	TM45	7	0:24:02 (72)	2:37	1:17:37 (67)	1:06	0:44:41 (20)	2:30:02
55	75	Artur Michalski	TRI Freunde Gau-Algesheim	TM60	2	0:22:13 (62)	2:17	1:16:57 (65)	1:25	0:48:20 (37)	2:31:12
56	101	Philipp Schwitalla		TM30	6	0:17:56 (16)	2:06	1:18:00 (70)	1:29	0:51:43 (55)	2:31:15
57	19	Hans Ludwig Sattler	TCEC Mainz	TM70	1	0:16:22 (9)	0:58	1:19:13 (73)	1:10	0:54:23 (61)	2:32:06
58	100	Andreas Böhm	Rennschnecken Siefersheim	TM60	3	0:19:25 (32)	2:29	1:12:36 (41)	1:54	0:55:49 (68)	2:32:12
59	72	Christoph Josten	Tri-Turtles Friedrichsthal	TM45	8	0:18:36 (25)	1:16	1:16:22 (58)	0:47	0:55:22 (66)	2:32:22
60	56	Stefan Dietze		TM40	7	0:21:40 (57)	2:45	1:19:17 (74)	1:06	0:47:53 (33)	2:32:40
61	49	Roland Seemayer	Sparda-Team Rechberghausen	TM60	4	0:19:55 (36)	1:02	1:16:24 (60)	1:34	0:54:26 (62)	2:33:22
62	39	Dr. Jürgen Degreif	RV Wörrstadt	TM65	1	0:21:21 (49)	1:42	1:16:42 (62)	1:13	0:53:32 (57)	2:34:29
63	46	Claus Holbach		TM55	7	0:26:28 (81)	2:15	1:16:23 (59)	1:52	0:47:48 (31)	2:34:47
64	38	Matthias Brutscher	Tiffe-SportFM	TM20	5	0:23:16 (68)	2:07	1:18:50 (71)	1:27	0:50:47 (50)	2:35:59 *
65	50	Philipp Anders	Vegan Runners	TM25	6	0:20:37 (40)	2:10	1:16:54 (63)	0:47	0:55:47 (67)	2:36:14
66	99	Thielen-Küstner Sandro	LowBudgetCrew	TM25	7	0:21:36 (56)	2:40	1:16:56 (64)	1:32	0:53:36 (58)	2:36:19
67	55	Ralf Bauer	SV Weitersburg	TM50	12	0:24:38 (76)	2:02	1:13:10 (45)	1:50	0:55:15 (65)	2:36:54
68	103	Omar AL-Hazba		TM20	6	0:23:25 (69)	2:27	1:14:32 (51)	1:02	0:55:59 (70)	2:37:24

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69	106	Patrick Eikeler	TuS Velmede-Bestwig	TM25	8	0:21:22 (50)	1:58	1:16:14 (57)	1:00	0:57:55 (72)	2:38:28
70	42	Vincent Klemmer	Tiffe-SportFM	TM20	7	0:21:54 (60)	1:42	1:17:44 (69)	1:37	0:55:54 (69)	2:38:51
71	83	Helge Trappel	SV Taunusstein-Seitzenhahn	TM55	8	0:22:05 (61)	1:48	1:16:39 (61)	1:05	0:58:18 (74)	2:39:54
72	116	Winfried Hartung		TM65	2	0:27:58 (82)	1:25	1:13:17 (47)	1:42	0:56:47 (71)	2:41:09
73	81	Rainer Diehl	Erdinger Active Team	TM55	9	0:25:26 (80)	2:25	1:11:39 (35)	2:08	1:01:09 (75)	2:42:48
74	29	Thomas Frisch	Triathlon Jägersburg	TM60	5	0:24:29 (75)	1:42	1:14:37 (52)	1:14	1:01:38 (77)	2:43:04 *
75	105	Joachim Karbach	DLRG Vallendar / SV Weikersburg	TM60	6	0:21:34 (55)	2:02	1:19:48 (75)	1:56	0:58:15 (73)	2:43:35
76	32	Markus Pauels	KSV Kevelaer	TM50	13	0:24:15 (74)	3:30	1:22:37 (77)	1:22	0:53:50 (59)	2:45:34
77	110	Detlef Hebestreit	ALV Mainz	TM65	3	0:24:04 (73)	1:54	1:20:09 (76)	2:13	1:03:42 (79)	2:51:52 *
78	45	Heiko Mazur		TM40	8	0:23:06 (67)	2:50	1:17:25 (66)	1:55	1:07:53 (80)	2:52:41 *
79	78	Gerhard Niederauer	EMBA Örebro Team	TM60	7	0:20:39 (41)	2:16	1:25:01 (78)	0:41	1:08:25 (81)	2:57:02
80	102	Salem Zeidan		TM25	9	0:23:01 (66)	4:12	1:34:26 (80)	1:09	1:01:20 (76)	3:04:08
81	7	Christian Behnke	Katholischer Musikverein Fürfeld e.V.	TM45	9	0:25:22 (79)	4:20	1:26:10 (79)	2:21	1:16:46 (82)	3:14:23 *
82	17	Christian Biegner	TV-Weiler	TM30	7	0:22:49 (65)	3:53	1:46:01 (81)	0:49	1:02:43 (78)	3:16:15